



St. Edmund's Church

£1.00

News from the Parish

July 2026



**Magazine
subscriptions
ARE DUE**
See page 14

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St. Edmund's - July 2026

While COVID has diminished in terms of its impact on us as a nation, we recognise that there will be some people who have still to be careful because they are vulnerable. If you feel you need to wear a mask, we encourage you to do so. We also gently request that if you are unwell, especially if you have COVID, you stay away to avoid infecting anyone who might be vulnerable.

For communion, normal practice has resumed regarding going to and from the rail. Please follow any directions given by the day's welcomers. At the rail you will be given three options regarding bread and wine. You may either indicate - by nodding your head - that you wish the wafer to be intincted for you by the person carrying the special intincting chalice, or you may accept the wafer only and then drink from the chalice brought after by the server. Or you may choose to just have the wafer.

There are halved grapes available for children at the rail so they join in this special feast, they will be given a prayer of blessing as normal. And if you do not feel communion is appropriate for you we encourage you to come to the rail, leaving your hands by your sides, so that we may pray a prayer of blessing over you.

Please stay for coffee or tea in the Church Hall after the service, it's a great opportunity to get to know new friends and to catch up with old ones.

FOOD BANK - The SECOND Sunday of the month, 12th July 2026.

Please leave your donations in St Edmund's Church or St Matthew's Fellowship Room by Tuesday 14th July. REMEMBER, THE DONATION DAY IS NOW THE SECOND SUNDAY OF EACH MONTH.

FRONT COVER: A group of singers from St. Edmund's and St. Matthew's Choirs at the Diocesan Choral Festival. Read more on Page 9.

BACK COVER: Remember the Summer Serenade Concert @4.30pm on 5th July.

If you would like to sponsor a month's colour cover, at a cost of £35, please contact one of the editorial team or Churchwardens.

The Rev'd Sarah Writes

Ordinary Time: Growing in the Everyday

Following the celebrations of Pentecost, we enter a season of the Church year known as *Ordinary Time*. After the rich journey through Advent, Christmas, Epiphany, Lent, Holy Week, Easter, and Pentecost, the rhythm of the Christian year seems to slow down. The colours change once again, and green becomes the colour in our churches and worship.

At first glance, the title *Ordinary Time* can sound somewhat uninspiring. In everyday language, "ordinary" often suggests something commonplace, routine, or even dull.

Continued on page 3

The Rev'd Sarah Writes

Ordinary Time: Growing in the Everyday

Yet the Church means something quite different. Ordinary Time is not a pause in our spiritual lives or a period when nothing important happens. Rather, it is a season of growth, discipleship and deepening faith.

The great festivals of the Christian year mark significant events in God's saving work. During Advent we prepare for the coming of Christ. At Christmas we celebrate his birth. During Lent we journey with him towards the cross, and at Easter we rejoice in the victory of the resurrection. Pentecost reminds us of the gift of the Holy Spirit poured out upon the Church.

This season of ordinary time offers a different opportunity to focus on the steady and often unseen work of spiritual growth. Just as plants and crops grow gradually through the long green months of the year, so too our faith develops through regular habits of prayer, worship, scripture reading, service, and fellowship. These practices may not always feel dramatic or exciting, but they are often the means through which God shapes our character and draws us closer to him.

Many of us know the value of routines in other areas of life. Relationships grow through regular conversation and shared experiences. Physical fitness develops through consistent exercise rather than occasional bursts of activity. I write this having just returned from a gym session I could have easily skipped! In much the same way, our relationship with God is nurtured through faithful, everyday practices.

For some, this may mean setting aside a few moments each day for prayer. Daily devotional apps such as Time to Pray, Lectio 365, or Daily Prayer are helpful tools. For others, it may involve reading Scripture more regularly, joining a group, serving our community, or simply becoming more attentive to God's presence in everyday life especially as we enjoy nature in the summer season.

Ordinary Time reminds us that faith is not sustained only by mountaintop experiences or major celebrations. Instead, it is formed in the ordinary patterns of life, in the daily choices to pray, worship, serve, forgive, and trust. It is in these seemingly small acts of faithfulness that God continues his work within us. As we enter this season, perhaps we might reflect on the rhythms that sustain our spiritual lives. What practices help us remain rooted in Christ? What habits enable us to hear God's voice amid the busyness of life? Where might God be inviting us to grow during these months ahead?

Ordinary Time is anything but ordinary. It is a season in which we are invited to discover God's presence in the everyday, to deepen our discipleship, and to grow steadily in faith. As the green of the season surrounds us, may it remind us that God is continually at work, nurturing new growth within us and leading us into a deeper life with him.

Blessings, *Rev'd Sarah Watson*

Churchwardens' View July 2026

A Regular Update from Ann Miller and Elizabeth Jack

'We pray for the flourishing of God's gifts to his church'

10th June saw us both attending the Archdeacon's Visitation for the Admission of Churchwardens. These annual events move around, deliberately visiting many different churches in the Diocese; this year the Derby City Deanery service was held at our own St Matthew's. The event title sounds very formal, and indeed the act of admitting churchwardens is a formal requirement; Elizabeth is now 'official', having made her vows, and Ann has renewed hers.

The Commission of Wardens in the order of service states clearly what we promise to do: 'Churchwardens are called to special responsibilities. With your clergy, you are to share in the administration of the parish and in the care of the church buildings. You are to promote the whole mission of the Church, which is pastoral, evangelistic, social and ecumenical.' That's quite a big ask, and we know you will all help us to achieve what we're tasked with as well as we can.

Alongside the formality, the service, led by our Archdeacon, The Ven. Matthew Trick, was in fact most uplifting and inspiring. The church was full, with a really positive buzz; we sang (lustily!) a wide range of lovely hymns; the prayers and address were all meaningful and particularly relevant to the many churchwardens there. Particularly memorable and succinct was the line: 'We pray for the flourishing of God's gifts to his church' - one to mull over and reflect on, thinking what we as your wardens, along with you, can do to further that. It was a superb evening: St Matthew's was resplendent in the sunshine and provided delicious refreshments and a warm welcome, for all of which we were grateful.

It's lovely that as part of promoting the mission of the church we have some baptisms this summer. It's a joy to welcome families as they bring their children into our church.

Paul Smith attended his last church wardens' meeting in June. We are so grateful for everything he has done and we value his ongoing support. We know that we can call upon his expertise as "elder statesman" when we need advice and guidance.



Paul hands over his Churchwarden keys to Elizabeth as Ann looks on

Churchwardens' View continued

There's a sadness that David Halliwell has had to resign, after many years' service, from the Fabric Committee. David has, of course, served the church in many other ways too (including Churchwarden), giving us the benefits of his insights and wisdom. He is another 'elder statesman' also willing to be consulted.

There's an appropriate link here to remind people with practical gifts that we're assembling a 'Building Force' of folk we can ask to help with fabric issues; a parallel to the very successful Ground Force for churchyard and gardens.

The new notice boards finally arrived at the beginning of June. Geoff Bailey and Jane and Steve Burton have put the first one up on the church hall wall near the main door. Chris Jack and Geoff spent a slightly frustrating morning digging holes for the board overlooking Siddals Lane - this is now installed.

Evergreen Tree Services have dealt with the church hall trees bordering onto Kings Croft damaged by a bus during a traffic diversion.

Spa Gas visited church to inspect the current heating system and several suggestions were made to improve its efficiency.

The used tablet blister pack collection is now under way with a swing bin situated in the choir vestry for donations. Please check that all your packs are empty and that no plastic bags are left. We thank Ged Potter for getting the scheme up and running at both churches and hope that it will prove highly successful.

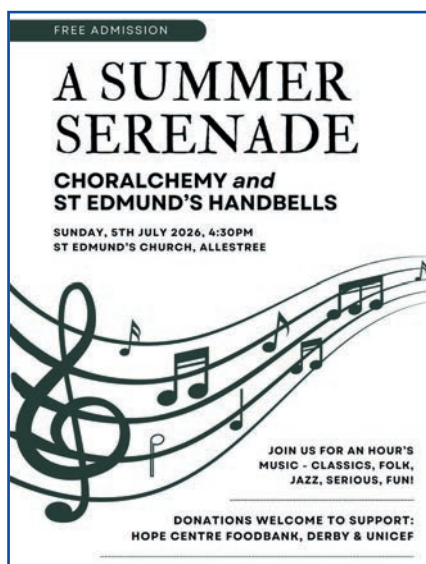
Key amnesty: A little reminder that we're updating our keyholder list. Please will you let one of us know which church or hall keys you have. We're not asking for them back - just checking who has what!

And the fun bits:

Grab your summer reading at bargain prices at our Book Sale on Saturday 4 July at 11.00am. At the last one Ann came along to help, not particularly intending to buy. Within a few minutes Elizabeth offered to lend a carrier bag for the 15 super books bought for £6. When Ann got home she discovered that a previous owner of one book had used a 5 Euro note as a bookmark...! Elizabeth also bought 15 books, but sadly no money appeared!

Do come and join us for the concert in church on Sunday 5th July at 4.30pm. Free admission

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FREE ADMISSION

A SUMMER SERENADE

CHORALCHEMY and ST EDMUND'S HANDBELLS

SUNDAY, 5TH JULY 2026, 4:30PM
ST EDMUND'S CHURCH, ALLESTREE

JOIN US FOR AN HOUR'S
MUSIC - CLASSICS, FOLK,
JAZZ, SERIOUS, FUN!

DONATIONS WELCOME TO SUPPORT:
HOPE CENTRE FOODBANK, DERBY & UNICEF

Churchwardens' View continued

for an hour's music from St Edmund's Handbells and ChorAlchemy choir; we welcome donations for the Hope Centre Foodbank and UNICEF.

If you're part of the Team of volunteers at St Edmund's make sure you book your place via your team leader before Friday 24th July for the Vicarage Garden Party on Saturday 1st August 2.00 - 4.00pm.

Look out for the leaflets floating around about this year's Holiday at Home.

If life and the weather are heating you up, get to St Edmund's Church - the cool place to be!

Ann & Elizabeth, Churchwardens

Parish Office Hours & Contact Details

The Parish Administrator is Caroline Audley who can be contacted by email: Steds.stmatts@outlook.com or telephone her on 552031. Office opening hours:-

Monday & Wednesday	Tuesday	Thursday	Friday
9.30am - 3.00pm	Closed	11.30am - 3.00pm (after Baby & Toddler Group)	9.30am - 1.00pm

If out of hours please leave a message; the answer phone is checked daily.

News from the vestry

A group of singers from St. Edmund's and St. Matthew's joined 100 others from 14 different churches for a Diocesan Choral Festival to celebrate the RSCM Music Sunday. Our photo is on this month's front cover. This took the form of a choral Evensong at St. Oswald's Church, Ashbourne. We were ably conducted by Alex Binns, Director of Music at Derby Cathedral with his assistant, Ed Turner, playing the organ. We enjoyed a splendid array of music including Stanford's Canticles in Bb and Balfour Gardiner's magnificent Evening Hymn. At the end of the service, we all renewed our commitment to ministry in our respective churches.

It was good to see the Dean of Derby, Peter Robinson, Archdeacons Matthew Trick and Nicky Fenton and Dwayne Engh, Priest in charge of St. Oswald's, who cantored the responses for us. Michael Halls, outgoing organist at Ashbourne, helped organise the whole event, including tea and delicious cake before the service!

Elizabeth Jack

From the Registers of St Edmund's Church

BAPTISM

7th June - Baptism of George Leedell

WEDDINGS

9th May

Wedding of

Paul Bairstow & Laura Robinson

23rd May

Wedding of

Alex Delve & Sophie Turner



Paul & Laura's wedding photo arrived too late for last month's magazine so here it is.



FUNERALS at St Edmund's

18th May - Funeral of Sandra Thornton

22nd May - Funeral of Jacquie Eunson

BURIAL OF ASHES at St Edmund's

27th May - Burial of ashes of Barry Woodward

Dates for your Diary - July 2026

Wednesday 1 July

10.30am - St Edmund's - Holy Communion, led by David Anderson

Thursday 2 July

10.00am - St Edmund's Church Hall - Baby & Toddler Group

Saturday 4 July

9.30am - St Edmund's - Groundforce

11.00-1.00pm - St Edmund's Church Hall - Book Sale

Sunday 5 July - Trinity 5 (Proper 9)

10.00am - St Edmund's - All Age, led by Diana Mellor & the team

10.00am - St Matthews - Choral Holy Communion, led by David Anderson

4.30pm - St Edmund's - Charity Concert 'A Summer Serenade' featuring
Choralchemy and St Edmund's Handbells Group

6.00pm - St Matthew's - Evensong, led by Clive Lemmon

Monday 6 July

7.30pm - St Edmund's Choir Vestry - Handbells

Tuesday 7 July

10.45am - Holy Communion at Stanley House

11.20am - Holy Communion at Abbeydale

12 noon - St Edmund's Church Hall - Luncheon Club

2.00-3.30pm - St Matthew's Fellowship Room - FOSM: Cream Tea, Sales Table &
Chat - £2 entrance fee to be donated to charity

Wednesday 8 July

10.30am - St Edmund's - Holy Communion - led by David Anderson

Thursday 9 July

10.00am - Allestree Park - Nature Tots

Sunday 12 July - Trinity 6 (Proper 10)

*Today is Food Bank Sunday. Please leave your donations in St Edmund's Church or St
Matthew's Fellowship Room by Tuesday 14th July. Thank you.*

10.00am - St Edmund's - Holy Communion, led by Rev'd Rachael Brooks

10.00am - St Matthews - Service of the Word, led by Clive Lemmon

6.00pm - St Edmund's - Choral Evensong, led by the Choir

Monday 13 July

2.00pm - St Edmund's Choir Vestry - Bookworms: Emma, by Jane Austen

7.30pm - St Edmund's Choir Vestry - Handbells

Dates for your Diary - July 2026 continued

Wednesday 15 July

10.30am - St Edmund's - Holy Communion - led by Rev'd Phyllis Bainbridge

Thursday 16 July

10.00am - St Edmund's Church Hall - Baby & Toddler Group

Friday 17 July

8.30am - 10.30 am - St Matthew's Fellowship Room - Community Café

Sunday 19 July - Trinity 7 (Proper 11)

10.00am - St Edmund's - Service of the Word, led by Diana Mellor

10.00am - St Matthews - Holy Communion & baptism of Olivia Runcorn,
led by Rachael Brooks

11.45am - St Edmund's - Baptism of Billie Thompson

6.00pm - St Matthew's - Choral Evensong, led by Clive Lemmon

Monday 20 July - 7.30pm - St Edmund's Choir Vestry - Handbells

Tuesday 21 July

12 noon - St Edmund's Church Hall - Luncheon Club

Wednesday 22 July

10.30am - St Edmund's - Holy Communion, led by Rachael Brooks

11.30am - St Edmund's - Burial of ashes of Jessie Donnachie

Saturday 25 July

9.30am - St Matthew's - Churchyard Working Party

Sunday 26 July - Trinity 8 (Proper 12)

10.00am - St Edmund's - Choral Holy Communion, led by Adrian Thorpe

10.00am - St Matthews - All Age service - led by Rachael Brooks & the Team

6.00pm - St Edmund's - Choral Evensong, led by Rachael Brooks

Monday 27 July

7.30pm - St Edmund's Choir Vestry - Handbells

Wednesday 29 July

10.30am - St Edmund's - Holy Communion, led by John Rice

St Edmund's Groundforce

St Edmund's Groundforce meets throughout the year to keep the churchyard and hall grounds in good order, usually on the first Saturday in the month. **The next session is on Saturday 4th July**, the same day as the Big Book Sale. If you would like to know more please contact Steve Burton on 07914 884197.

Saturday 4th July: The Big Book Sale Arrives!

When you receive this month's magazine it will be the eve of our next big book sale. It takes place on Saturday July 4th in St Edmund's Church Hall at 11.00am until 1.00pm.

Many thanks to those of you who have donated books. For the first time ever, I had to remove the red donation box from the back of church and ask for no more donations a few weeks before the sale. This was because the book shed was already so full of packed boxes that, I feared there would soon be not room for me to get in too! We had some donations from local people not connected to the church. One lady at the bottom of Ferrers Way gave me a massive collection of very good quality fiction. I had to load my car up three times to take it away. Thank you to her!

Please come to the sale if you can, or get someone else to come, if you can't. Refreshments are available. I would be very grateful if anyone could offer to help pack up at 1.00pm. Some of our usual stalwart helpers are unable to stay until the end of the sale. Those who pack up are free to help themselves to any book they would like. It's a perk of the job! I hope to see you there..

Diane Bakhda

From the Editors: The last Big Book Sale in October last year was a great success with plenty of interesting books, many helpers that made light work of setting up and packing away, and - as last year's photos show - very happy browsers and bookworms.

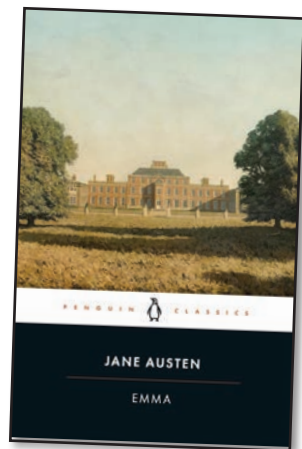


Bookworms Meeting on 13th July

Bookworms have continued to meet throughout the year in St Edmund's choir vestry once a month on a Monday afternoon at 2.00pm.

The next session will take place on 13th July when the book under discussion is 'Emma' by Jane Austen.

We are a small friendly group who enjoy lively discussions centred around the chosen books. If you think you might like to join us, please ring or text Cyra Buxton on 07719776501, or email her on cyrabuxton@gmail.com



Bookworms List July 2026 - April 2027

10th August	Len Deighton – The Ipcress file
14th September	Lucinda Riley – The Seven Sisters
12th October	E M Forster – A Room with a View
9th November	Sarah Winman – Still Life
14th December	Jenny Colgan – Midnight at the Christmas Bookshop
11th January	Deborah Moggach – The Carer
8h February	Bonnie Garmus – Lessons in Chemistry
8th March	Sebastian Faulks – The Seventh Son
12th April	Gill Hornby – Godmersham Park

Allestree Flower Group 21st July 2026

Our July meeting is on Tuesday 21st at a different venue for this month only, due to the Evergreen Hall roof being replaced.

So for this month only we will meet at Methodist Church, Allestree DE22 2QL from 7.00pm for 7.30pm.

Paula Routledge will be giving a demonstration with the title "Field of Dreams". Admission: Members £5.00 Non-Members £9.00

For further details telephone 07968 237457



Wednesday Holy Communion Services 10.30am start

Remember the Wednesday Holy Communion service at St Edmund's has moved to the later start time of 10.30am.

Rev'd Rachael Brooks



The Parish of St Edmund,
Allestree



Saturday 4th July

St Edmund's Church Hall,
Kings Croft, Allestree,
DE22 2FN

11 am - 1 pm

Refreshments available

The proceeds will go to Christian Aid



All Age Worship, 10am



5 July - St Edmund's

This service will be informal, interactive
& suitable for all ages.

The theme will be the Moses crossing the Red Sea.

All welcome

Sunday services at St Edmund's in July



- | | |
|------------------|-----------------------------|
| Sunday 5 | 10 am All Age service |
| Sunday 12 | 10 am Holy Communion |
| | 6 pm Choral Evensong |
| Sunday 19 | 10 am Service of the Word |
| Sunday 26 | 10 am Choral Holy Communion |
| | 6 pm Choral Evensong |

All welcome

All Age Worship, 10am



26 July - St Matthew's

This service will be informal, interactive
& suitable for all ages.

The theme will be the 10 Commandments.

All welcome

Sunday services at St Matthew's in July



- | | |
|------------------|-----------------------------|
| Sunday 5 | 10 am Choral Holy Communion |
| | 6 pm Evensong |
| Sunday 12 | 10 am Service of the Word |
| Sunday 19 | 10 am Holy Communion |
| | 6 pm Choral Evensong |
| Sunday 26 | 10 am All Age service |

All welcome

A Reminder: Paying for Your Parish Magazine

If you subscribe to the magazine and have it delivered to your address, then it's time to pay your yearly subscription. The magazine 'year' runs from 1st July to the 30th June in any one year.**. The cost is still £1 per copy and there are 11 issues per year, but if you pay in advance and have the magazine delivered it is £10 for the year. If your magazine is posted to you, you will need to add another £10 to your subscription to cover postage and packing etc..

There are the options for paying your subscription:-

1. Bank Transfer to PCC of St Edmund's Allestree.
Sort code 40-52-40 Account No. 00032364

It is important that a payment is identified by your name and the word "Magazine". **This is the Treasurer's preferred option** because the bank charges us to process cheques.

2. Cheque payable to PCC of St Edmund's Allestree and sent to Mr C Jack, 12 Regency Close, Littleover, Derby DE23 1TR.
OR put your cheque into the wall safe in church. Again, a note showing your name and address is very helpful in confirming identity/payment.
3. You can put cash into one of the brown envelopes which can be found at the back of the Church, but be sure to write your name and address on the envelope and mark it 'Parish Magazine money.'

Regarding Nos 2 and 3, if it is easier for you to put it through my door at 101 Laburnum Crescent, please do so.

Thank you all so much, *Chris W*

** The reason why the magazine year runs from 1st July to 30th June is not exactly lost in antiquity, it goes back to the time when subscriptions were collected door to door, and so this could happen in fine weather rather than winter weather.

Allestree W.I. Meeting on 21st July 2026

The Allestree W.I. will meet Tuesday 21st July 2026 at 2.00pm at Woodlands Church, Blenheim Drive, Allestree, Derby. DE22 2GP.

The speaker will be Andrew Beardmore who will give a talk on "Derbyshire Unusual and Quirky". The competition is "A Derbyshire Item".

Visitors welcome £5.00 pp. Enquiries can be made to Sandra on 01332 554899.



ST EDMUND'S



Join us for Holy Communion



Wednesday
1, 8, 15, 22 & 29 July
St Edmund's
10.30am

All welcome



Buzzy Bees Physiotherapy

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stiff or losing confidence
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ST EDMUND'S



We collect for the Hope
Centre on the **second**
Sunday of **every** month.
Donations can be left in
St Edmund's Church.
Thank you.

THE REPAIR CAFÉ open on 4th July

The volunteer-run Derby Repair
Cafe will be open 1.00pm - 4.00pm
on Saturday 4th July at the
West End Community Centre,
Mackworth Rd, Derby, DE22 3BL.

Bring your household items to be
repaired by our volunteer repairers
for a small donation whilst you
sit back and have a cuppa - A
community café will be open for
drinks and cake.

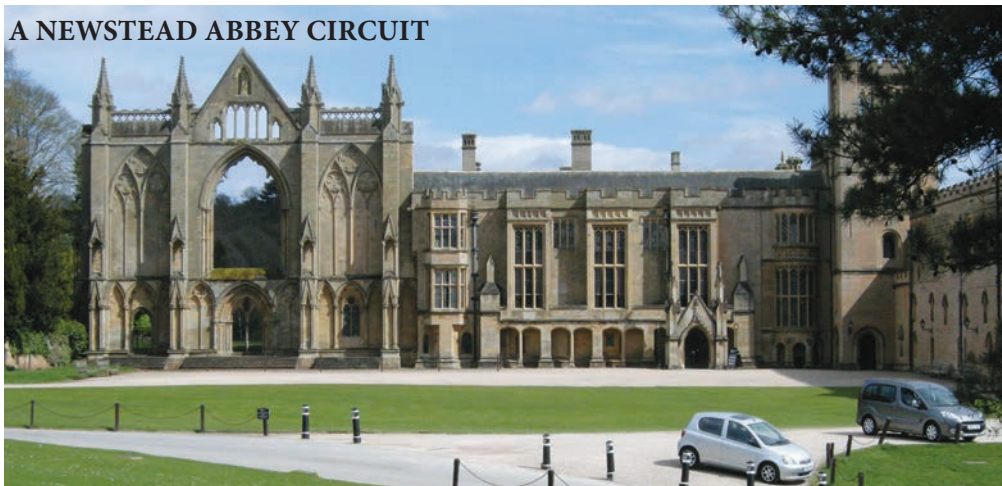
Last repairs taken at 3.30pm.
Remember we can only take cash
for donations and refreshments.

Full details can be found on the
Repair Café Facebook page.

Good Walks Revisited: Castles, Halls & Abbeys (5)

The Rambler's Walks continue with The Castles, Halls & Abbeys series:

A NEWSTEAD ABBEY CIRCUIT



This walk of about 6 miles follows a circuit through the parkland of Newstead Abbey, ancestral home of the poet Byron, passing through Papplewick where part of the Robin Hood Way is joined. The route starts from the attractive village of Linby, just north of Hucknall (5 miles into Nottinghamshire) and returns via the Linby Trail conservation area. The way is easy-going with good paths and no hills (for a change!).

Newstead Abbey was originally an Augustinian Priory, founded by King Henry II in 1170 as one of his penances for instigating the murder of Thomas a'Becket. At the Dissolution of Monasteries it was passed by royal grant to Sir John Byron, Lieutenant of Sherwood Forest (1540) and the abbey was converted into a castellated manor, becoming the ancestral home of the Byron family. But it was not well cared for and deterioration had set in by the late 1700's. The estate was sold, first to T. Wildman in

1818 who had made his fortune from Jamaica plantations, and then to W. Webb an African explorer. The latter undertook renovation work and preservation of relics, including Lord Byron's memorabilia which are still on display. The last private owner was philanthropist Sir Julian Cahn who presented it to Nottingham Corporation in 1931.



Linby village

Good Walks Revisited: Castles, Halls & Abbeys (5)



Papplewick Hall

George Byron (1788–1824), poet and 6th Baron, inherited the Newstead estate as a child, but only lived there from the age of 20 for 6 years. Although proud of his title he did little to maintain the estate, living extravagantly and sinking deeper into debt. Both his childhood and early marriage had been unstable and he gradually fell out with English society, leaving for Italy in 1816 never to return. In 1823 he sailed for

Greece to support its struggle for independence from the Turks, but died of fever shortly afterwards. Thus, for some time his reputation remained higher in Europe than at home, but his ashes were returned and he was buried at Hucknall, 3 miles from Newstead.

Linby is a small picturesque village on former colliery territory and, like Papplewick, has been a winner of the county's Best Kept Village awards. A local legend claims that pancakes were invented there during the Danish invasion period! The Linby Trail is part of the National Cycle Network and runs along a cutting of the old Great Northern Railway, a line which continued to serve collieries until 1984. In fact there

were 3 near-parallel tracks, with the remains of the Great Central line to the east and the present Nottingham to Mansfield line to the west, known as (what else?) the Robin Hood line.

Our route visits the neighbouring village of **Papplewick**, passing its Hall, built in 1787 for Hon. Frederick Montagu (former MP and Lord of the Treasury) and the tree-hidden St. James Church of 1795. Legend has it that Robin



Newstead Stables

Good Walks Revisited: Castles, Halls & Abbeys (5)

A NEWSTEAD ABBEY CIRCUIT

continued

Hood cut his bows from the churchyard's yews and that Alan-a-Dale, his fellow outlaw and minstrel, was buried there. A cave in the nearby sandstone cliff retains the old name of Robin Hood Stables. A few miles east of the village (and best visited separately) is Papplewick **Pumping Station**, built in 1881-4 by Nottingham Water Dept. to supply clean water to the growing city. It was decommissioned in 1969 and restored in 2005 as a working museum, incorporating the original steam-powered beam engines built by James Watt & Co. of Birmingham, plus other exhibits such as Linby Colliery's winding engine.



Newstead Abbey garden

The **Robin Hood Way** is a winding, non-circular walking route between Nottingham Castle and Edwinstowe in Sherwood Forest, linking several places connected with the legendary hero. It was opened in 1985 by the Nottingham Rambling Club and extended with diversionary loops in 1995 to a total distance of 104 miles. The sparsely-spaced signs are white with a bow-and-arrow badge. A short section of the Way is covered in the walk below, between Papplewick and the Abbey, lying at about the quarter position along the full route from Nottingham.

The Route starts from Linby* with suggested (limited) parking on Church Lane opposite St. Michael's Church. Turn R on the main road and, beyond all the houses, when the road bears R take a signed f/p ½L. This crosses the R. Lean (545514) and eventually joins Papplewick church drive; but before this a f/p L leads to St. James' Church itself, then bears R along the drive. Turn L on Main Street, around an S-bend, and after passing Papplewick Hall, turn L on Hall Lane, joining the Robin Hood Way. Follow the drive N for about 1½ miles, passing an estate lodge half-way, to reach a cross-roads (the RH Way leaves just before on a f/p R). Turn L on the Abbey access drive past the parking area, continuing through the estate with Newstead Abbey on the L, stables and Upper Lake on the R. After about 1½ miles an estate lodge is reached (526528) where a sign L indicates National Cycle Network No.6. Follow this f/p which rises slowly to the old GN railway track and turn L on the Linby Trail. Follow this for another 1½ miles passing through a Conservation Area and emerging at a roundabout on the B6011. Turn L for Linby and R for Church Lane.

The Rambler

* Reached from Heanor on A608, across M1 Jcn.27, R on A611 (Hucknall), L on B6011.



July

SPOTLIGHT

on young people & families



It has been a joy to celebrate baptisms across our churches, welcoming people of all ages into the life of faith.

Alongside baptising babies, we have recently baptised two teenagers who came forward after reading Scripture and sensing a call to follow Jesus. One was baptised by full immersion at St Paul's, a first for us, and the other at St Matthew's. These moments have been a real encouragement, showing faith taking root in young lives.

We continue to explore the Bible and discuss faith at the weekly youth drop-in at St Nick's, supported by all four churches.

We also encourage families bringing children for baptism to join our family-friendly services, and it is wonderful that many continue to grow in faith together.

Please pray for:

- Young people coming to faith and baptism
- Our weekly youth drop-in
- Future confirmation opportunities
- Deeper engagement in family-friendly services

Book Review

“Just One Pan or Pot”, by a Dairy Diary Team, Ed. Maggie Ramsay

Pub Hardback with “Dairy Diary Cookbooks” Branding
by Collins Debden, 2025 (Licensed by Trek Logistics)

Milk suppliers usually issue a Dairy Diary Calendar ready for pre-Christmas purchasing every year from this publisher, often with a Cookbook bearing the same title. This one seems to be an attempt to climb a little higher up the scale, and capture part of the “Anyone Can Do It” rapid-recipes market. The presentation is generally lavish, and the photographs are certainly better than previously - albeit possibly a little sanitised-looking. Let’s have a look at whether it’s successful in its aim.



First, the number of instances where an additional piece of equipment is also required for any given recipe suggests that the “Just One Pan or Pot” format is pretty hard to adhere to. In no special order, I listed a cooling-rack, a frying-pan, a quiche dish, a ladle, a muffin tin, a baking-tin with baking paper, and so it goes on; and this was just among the first 20 or so recipes. However, what matters more is that the need for such an extra item is clearly flagged-up before we read the recipe, and if you look at each page-heading carefully, you do see from the lower edge of a drop-down “flash” the word “baking-tin” or similar where it applies.

How about the ideas themselves? On the whole, the team have done well on this point. One strikingly original example is “Cheat’s Seafood Macaroni” on page 57, accurately described as “luxuriously rich”. It’s basically a classic one-pot Mac-and-Cheese (as they call it in the USA nowadays), with a tin of Lobster Bisque stirred in. A very good idea. “Gnocchi-Topped Cottage Pie”, “Lamb Tagine” and “Sunshine Chicken” all sound clever ideas too, and would work well. Among the desserts and bakes, I was also pleased to see a new idea for “Peanut Butter and Jam Cookies”, which is quite genuinely gluten-free, simply using crunchy peanut-butter, sugar, vanilla extract and one egg (ie without flour) as the biscuit-base. Simple to do, and it would not overface a beginner, familiar with gluten-free needs or not.

Interestingly, the book appears to have two additional agendas: one is to incorporate air-fryer usage, which is currently both fashionable and, for those increasing numbers on an impossibly tight budget, highly necessary. This is made explicit in the prefatory “Recipe Notes”, an essential read. The second is to encourage beginners to have a go at traditional baking. This is, in contrast, not made clear, but there can be

Continued on page 21

Book Review continued

no other explanation for the final few, fairly standard, offerings. These include a fuss-free “Banana and Coconut Loaf” and an “Apricot and Sesame Crumble-Topped Loaf” (rather more fiddly to do), plus a Traybake, which sounds tasty but includes unfamiliar ingredients such as rosewater and cardamom pods.

So far, largely so good. But a lot of more experienced cooks would say that this piece of work lacks the guiding hand and expertise of a single “known name”. It wouldn’t really matter if it were Mary Berry (who does “one-pot” remarkably well, including in her “Foolproof Suppers” TV series), or Angela Hartnett or Jamie Oliver or TikTok’s Poppy O’Toole. Any of these would have added their own imprimatur, and above all character, otherwise rather lacking in this book.

On that last Traybake, by the way, infuriatingly, we only find out midway through the recipe (p 168) itself that in order to crush the cardamom pods a pestle and mortar are needed. Aargh ! At least a “known name” (and/or perhaps a better Editor) might have spotted this as an omission from the flash at the top of the page.

Definitely a format improvement, then, and it has ideas well worth trying out. But I think a “known name” would have made all the difference. I will gladly lend.

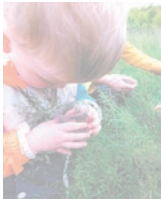
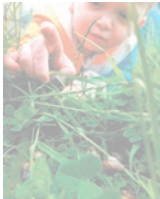
Kate Smith

Late April 2026

**Derbyshire Wildlife Trust**

Nature Tots

St Edmund's Baby & Toddler Group in partnership with Derbyshire Wildlife Trust



A pre-school playgroup with a difference, connecting children with nature; encouraging them to learn, play and have fun outdoors

Thursday 9 July, 10-11.30am, Allestree Park

Park in the main carpark off the A6, DE22 2EU, walk towards the hall, a member of the team will direct you.

Please wear suitable clothing and footwear as we are outside. Bring a lidded travel cup as hot drinks are available.

£2 suggested donation per child.

All welcome

Follow us on Facebook - St Edmund's Allestree Baby & Toddler Group



SUMMER EVENTS

AUG 2026



AUG 02 **SUNDAY BREAKFAST@10**
BREAKFAST FROM 9:45AM @ ST NICK'S

AUG 04 **FAMILY FUN DAY** **FUN DAY**
ST NICK'S 10-2PM

AUG 13 **MESSY IN THE PARK**
IN ALLESTREE PARK FROM 10AM
(PARK IN THE MAIN A6 CAR PARK)

AUG 23 **ALL AGE WORSHIP - ST MATT'S**
10AM EXODUS: SPYING OUT THE LAND



FOR MORE INFORMATION VISIT [EMAIL: STNICKSCYL@OUTLOOK.COM](mailto:STNICKSCYL@OUTLOOK.COM)

Advance Notice:



THANK YOU!

1 August 2026 2-4pm

invitation from Sarah and Rachael

**@The Vicarage
25, Church Lane
Darley Abbey
DE22 1EX**

Light refreshments
served. Bring a garden
chair if you can.

**RSVP by 24 July,
with dietary needs,
to your team leader,
team leaders please
RSVP to Caroline or
Emma**

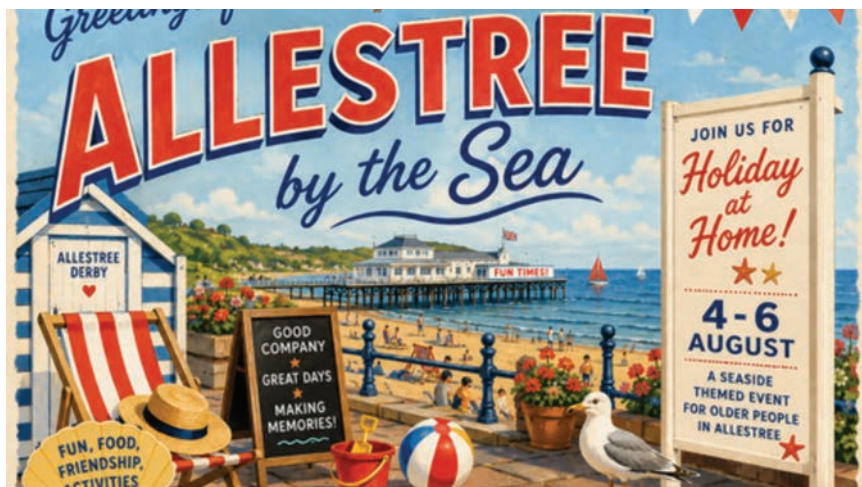
We'd like to say a huge **THANK YOU** to all the
people who serve the church and parish
communities of St Matthew's, St Edmund's, St
Nick's & St Paul's.

Whether you... wash&dry up, pray, polish
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cook, visit those who are housebound, lead us
in song, welcome, lead prayers, play music,
verger, tend the churchyard, fix things, serve
food and drink, count the collection, sit on
pcc, make phone calls, beautify with flowers,
preach, create rotas, clean, lead activities,
make things, bake, help lead services...

WHATEVER YOU DO!

Advanced Notice

Broadway Church 'Holiday at Home' in August



Holiday at Home is a holiday event that takes place each year at Broadway Baptist Church. Set around a seaside theme, it is held over three days - this year from Tuesday 4th August to Thursday 6th August - for older people to enjoy a range of different activities including crafts. Each day includes lunch, afternoon entertainment and tea. We plan for something for everyone. People enjoy the friendships that are made during this event each year. Broadway Baptist Church is fully accessible by wheelchair. Everyone welcome.



'Rutland Belle'. All fully accessible by wheelchair. Bookings welcome just for the trip but priority given to those who attend the main event.

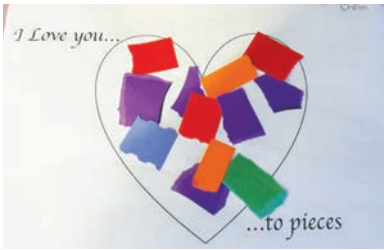
To complete the booking form, go to Broadway Baptist Church's website - <https://broadwaybaptist.co.uk> and click on 'Events' in the menu. There are various payment options - by card or bank transfer. Each event is a separate cost so check carefully you are paying for one event or both, and paying the right amount.

If you have any difficulties with the form, please call 01332 346719 or 07908 112049.

If you have young children, you may be interested in

... St Edmund's Baby & Toddler Group

WHAT? St Edmund's Baby & Toddler Group is a small friendly group where parents & carers can enjoy a tea or coffee with a biscuit whilst their little people (up to pre-school age) can play with a variety of toys or head to the craft table. There is



Here is a picture the children made on the craft table for Valentine's Day last year.

squash and fruit for them to enjoy too. We always wrap up the session with a story and some songs including the Hokey Cokey.

WHERE? St Edmund's Church Hall, Allestree (DE22 2FN).

WHEN? Every Thursday (term time) 10-11.30am (other than the 2nd or 3rd Thursday of the month when we meet for Nature Tots).

COST? We suggest a £1 donation per child.

PLEASE PRAY? For a session filled with fun and laughter.

For more details, please check the Diary on pages 5, 6 and 7 or visit St Edmund's website: stedmundsallestreeandstmatthewsdarleyabbey.co.uk

Community Pop-in Café

Coffee
Tea
Toast

Fellowship Room
St Matthew's Church
Darley Abbey
Friday 17th July 2026
8.30 - 10.30am

All welcome
Share time with friends

SPRECHEN SIE DEUTSCH?



Would you be interested in joining a German conversation group?

I'm a native German speaker and hold a conversation group in Belper every Tuesday from 2.00 – 3.30pm.



We talk about all sorts of topics that people are interested in and the atmosphere is very informal and relaxed.

The level is approximately A2 – B1.

There is a small charge which includes a hot drink and cakes or biscuits.



If you are interested or you would like further information please call, text or send a Whatsapp to Barbara Clark on 07788 179683.

And there's... Nature Tots

WHAT? **Nature Tots** is a pre-school playgroup with a difference, connecting children with nature; encouraging them to learn, play and have fun outdoors. Parents and carers are welcome to bring their travel cup and enjoy a tea, coffee and a biscuit. There is also squash and fruit to enjoy. We end the session with a story and singing including the Hokey Cokey which is a firm favourite.



'Cooking' in the mud kitchen

WHERE? Allestree Park. Park in the main carpark off the A6 (DE22 2EU) and a member of the team will meet you.

WHEN? Either the 2nd or 3rd (if we've just had a holiday) Thursday of the month.

COST? We suggest a £2 donation per child.

PLEASE PRAY? For fine weather for our next Nature Tots session.

For more details on both groups, please check the diary on pages 8 and 9 or visit the St Edmund's website: stedmundsallestreeandstmatthewsdarleyabbey.co.uk

Open All Year: St Ed's and St Matt's are open regularly throughout the spring and summer months. Do pop in for some peace and space, and invite others to do the same. If you are there and people come in, please make them welcome.

Safeguarding Initiative

We have a strong Safeguarding Initiative here at St Edmund's Church.

Full details can be found on the Church noticeboards and on our website - key into your browser 'stedmundsallestreeandstmatthewsdarleyabbey.co.uk' to find us.

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July 2026

The Ven. Emma Sykes writes...



I have been reflecting recently on “transitions”. This is not surprising as in the last few months I have encountered (and still encountering) a lot of changes. These range from being a Parish Priest to becoming an Archdeacon, moving house from Birmingham to East Derbyshire and entering a stage of life where our young adult children are leaving home.

In his book “Transitions: Making sense of life changes”, William Booth points out that every transition has three stages, an ending, a neutral zone and a new beginning. Often we overlook the ‘neutral zone’ we try and rush through it or ignore it, but it is in the transition in and out of these stages and the disorientation that we feel where the growth in understanding and ability to respond well comes.

Emma Inneson’s latest book “Middling” is all about this, learning to live within the tensions, especially in a polarised world and to not see the middle “as a place of accident, mediocrity or stagnation, but as a place of faithfulness, authenticity and hope.”

When Moses led the Israelites out of Egypt, it only took three days before the complex reality of their new situation started to dawn on them. They had escaped Pharaoh’s oppression only to find the water they had to drink was bitter. Moses cries out to the Lord, the Lord intervenes, the water becomes sweet and they are led to Elim, a place that has an abundance of water (Exodus 15:27).

A month and a half later, the Israelites are grumbling again, this time they are hungry, yearning for the ‘fleshpots’ in Egypt where they ate their fill. The Lord provides manna for them to gather each day. Challenge, hardship, grumbling, desperate cries, God intervenes, reminds them of the covenant he made with them, responds to their needs, and on the cycle goes. Their disorientating middle goes on... for forty years.

I would suggest being a follower of Christ is to be in a permanent state of transition, in a permanent middle place. As a community of believers, the church, the ‘Ekklesia’ we are called out to proclaim the gospel, a gospel of hope and yet, it is not easy or comfortable. It requires us to live in the now of a future hope that we do not yet see.

Anyone who has made that step to follow Christ into the unknown will know it is both compelling and joyful but also disorientating and bewildering. It’s a cross shaped place of tension. To navigate it well, we need the one who knew all about cross shapes, whose life, death, resurrection and ascension gives us not just a pattern to follow, but a deep prayerful relationship that gives wisdom and courage when the challenges arise.

The Ven. Emma Sykes
Archdeacon of East Derbyshire



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St. Edmund's Parish

Church Website: stedmundsallestreeandstmatthewsdarleyabbey.co.uk

For all enquiries regarding weddings, baptisms, funerals and parish events contact the Parish Administrator, Caroline Audley: email: Steds.stmatts@outlook.com / telephone 552031.

Office opening hours:- Monday, Wednesday & Friday: 9.30am – 3.00pm
Thursday: 11.30am – 3.00pm The office is closed on Tuesday

If out of hours please leave a message; the answer phone is checked daily.

In an emergency, please contact one of the churchwardens.

Directory

Associate Minister:	Rev'd Rachael Brooks: rev.rachaelbrooks@gmail.com	07305 140573
Churchwardens:	Ann Miller	07831 506978
	Elizabeth Jack	07779 255412
Parish Administrator:	Caroline Audley: Steds.stmatts@outlook.com	552031
Readers:	Diana Mellor: diana.mellor1@gmail.com	07773 630001
Choir:	Elizabeth Jack	07779 255412
Treasurer/Gift Aid Sec.:	Chris Jack, 12 Regency Close, Littleover	07805 027515
PCC Correspondence Sec:	Paul Smith: smithppaul@aol.com	07792 569758
Electoral Roll:	Matt Cooper	07572 110185
Flower Group:	Rosemary Yates	552742
	Michèle Aspinall	07773 784009
Luncheon Club:	Anne Madge	07971 680377
Baby and Toddler Group:	Caroline Audley: Steds.stmatts@outlook.com	552031
Parish Safeguarding Links	Madeleine Fullerton	554762
	Louise Whittaker	556455

Hall Bookings:	Caroline Audley - Steds.stmatts@outlook.com	552031
Handbells:	Gill Flatman	557028
St Edmund's Preschool CIC:	Hannah	07934 380561
	admin@stedmundspreschool.org for enquiries	
Rainbows, Brownies & Guides:	Alwyn Young	07740 201963

St. Edmund's Parish Magazine Editorial Team: Chris Willis, Mary Pollett and Fiona Fraser.

Please EMAIL magazine articles and photos to both fiona.fraser@burnsgraphics.co.uk and Chris Willis at c.willis246@btinternet.com

Magazine Distribution: Chris Willis 558136

DEADLINES: 20th July for August magazine & 20th August for September 2026 magazine.

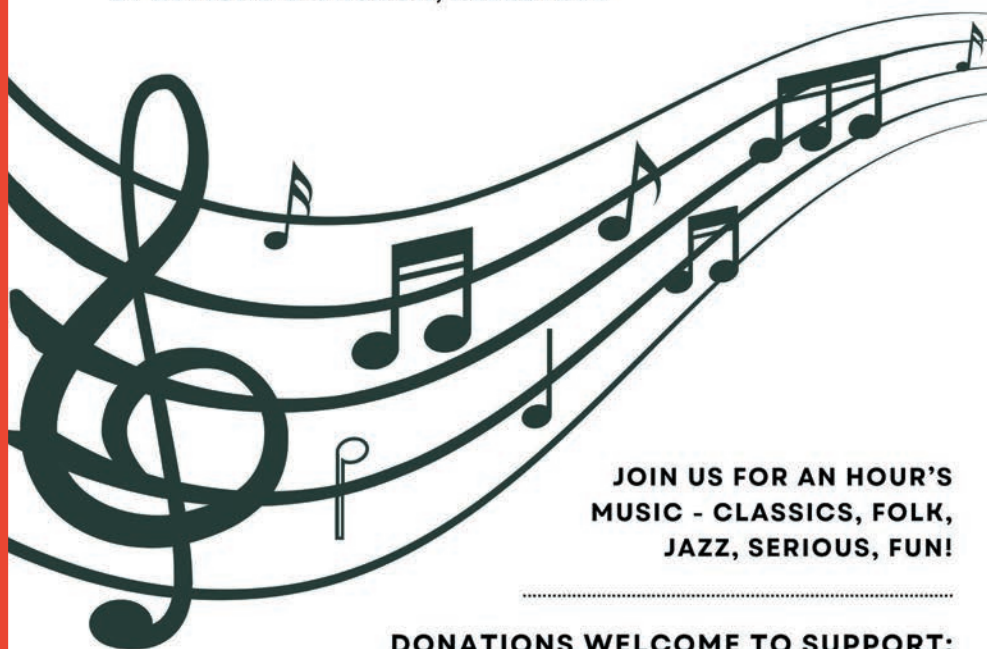
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