

Sunday

5 July 2026

Fifth Sunday after Trinity

COLLECT

Almighty and everlasting God,
by whose Spirit the whole body of the
Church is governed and sanctified:
hear our prayer which we offer for all
your faithful people,
that in their vocation and ministry
they may serve you in holiness and
truth
to the glory of your name;
through our Lord and Saviour Jesus
Christ,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.

FIRST READING Zechariah 9:9-12

A reading from the book of the prophet Zechariah.

Rejoice greatly, O daughter Zion!
Shout aloud, O daughter Jerusalem!
Lo, your king comes to you;
triumphant and victorious is he,
humble and riding on a donkey, on
a colt, the foal of a donkey. He will
cut off the chariot from Ephraim
and the war horse from Jerusalem;
and the battle-bow shall be cut off,
and he shall command peace to the
nations; his dominion shall be from
sea to sea, and from the River to the
ends of the earth. As for you also,
because of the blood of my covenant
with you, I will set your prisoners free
from the waterless pit. Return to your
stronghold, O prisoners of hope;
today I declare that I will restore to
you double.

Or **Genesis 24:34-38. 42-49. 58-end**

PSALM Psalm 145:8-15

R *Great is the Lord and highly to
be praised.*

The Lord is gracious and merciful,
long-suffering and of great goodness.
The Lord is loving to everyone
and his mercy is over all his creatures. **R**

All your works praise you, O Lord,
and your faithful servants bless you.
They tell of the glory of your kingdom
and speak of your mighty power, **R**

To make known to all peoples your
mighty acts
and the glorious splendour of your
kingdom.
Your kingdom is an everlasting
kingdom;
your dominion endures throughout all
ages. **R**

The Lord is sure in all his words
and faithful in all his deeds.
The Lord upholds all those who fall
and lifts up all those who are bowed
down. **R**

SECOND READING

Romans 7:15-25a

A reading from the letter of Paul to the Romans.

I do not understand my own actions.
For I do not do what I want, but I do
the very thing I hate. Now if I do what
I do not want, I agree that the law is
good. But in fact it is no longer I that
do it, but sin that dwells within me.
For I know that nothing good dwells
within me, that is, in my flesh. I can
will what is right, but I cannot do it.
For I do not do the good I want, but
the evil I do not want is what I do.
Now if I do what I do not want, it is no
longer I that do it, but sin that dwells
within me. So I find it to be a law that
when I want to do what is good, evil
lies close at hand. For I delight in the
law of God in my inmost self, but I see
in my members another law at war
with the law of my mind, making me
captive to the law of sin that dwells
in my members. Wretched man that
I am! Who will rescue me from this
body of death? Thanks be to God
through Jesus Christ our Lord!

GOSPEL

Matthew 11:16-19. 25-end

Hear the gospel of our Lord Jesus Christ according to Matthew.

At that time Jesus said, "To what will I
compare this generation?
It is like children sitting in the market-
places and calling to one another,
'We played the flute for you, and you
did not dance; we wailed, and you did
not mourn.' For John came neither
eating nor drinking, and they say, 'He
has a demon'; the Son of Man came
eating and drinking, and they say,
'Look, a glutton and a drunkard, a
friend of tax-collectors and sinners!' Yet
wisdom is vindicated by her deeds.
I thank you, Father, Lord of heaven
and earth, because you have hidden
these things from the wise and the
intelligent and have revealed them to
infants; yes, Father, for such was your
gracious will. All things have been
handed over to me by my Father;
and no one knows the Son except the
Father, and no one knows the Father
except the Son and anyone to whom
the Son chooses to reveal him. Come
to me, all you that are weary and are
carrying heavy burdens, and I will give
you rest. Take my yoke upon you, and
learn from me; for I am gentle and
humble in heart, and you will find rest
for your souls. For my yoke is easy,
and my burden is light."

POST COMMUNION

Grant, O Lord, we beseech you,
that the course of this world may be
so peaceably ordered by
your governance,
that your Church may joyfully serve
you in all godly quietness;
through Jesus Christ our Lord.

